



Hello Families,

Happy 'Super Bowl' Sunday! We hope everyone is able to responsibly enjoy the game with family and friends! This is a BIG Week in the fight to get your kids back on the football field this Spring. State officials will be making an announcement about the return of youth sports, and all stakeholders (parents, players, coaches, etc.) are being asked to make one more FINAL push to state leaders this week.

All stakeholders are being asked to write (email) a letter to the Governor that will be presented to him at a rally this Thursday in Sacramento. Please see below for more details on this effort. Thank you in advance for your participation in this effort!

We will continue to work out 'Virtually' until we are cleared to train together again back on campus. I will continue to send updates when I am presented with them, and I hope everyone continues to stay safe and healthy during this time.

1.) Off-Season Football VIRTUAL Weekly Schedule

- *'Motivation' Monday 2/8:* Virtual Workout with FB Skills/Social Media Message
- *'Toughness' Tuesday 2/9:* Virtual Workout with Speed Training
- *'Wild' Wednesday 2/10:* Student Choice Workout
- *'Team' Thursday 2/11:* Virtual Workout with Aux Training
- *'Football' Friday 2/12:* Virtual Workout with Football IQ Training
- *'Recovery' Saturday 2/13:* Recovery Workout on own
- *'Soul' Sunday 2/14:* Kids are encouraged to help others / Spend time with Family

2.) Cleaning Donations: Put on Hold until In-Person Workouts Resume

- In the Spirit of 2020 we are asking for the following donations to help keep our facilities safe and clean for your student-athletes;
Masks, Cleaning Wipes, and Hand Sanitizer. Thank you in advance!

3.) Please join the 'Let Them Play CA' Facebook Group

- Please click the link below to join the 'Let Them Play CA' Facebook Group
- This group is promoting a safe return of HS FB in the state for 2021 and is being run & organized by HS FB Coaches throughout California
 - <https://www.facebook.com/groups/850089599174086>

4.) Save the Date!

- We are looking forward to having a Socially Distanced FB Banquet on **Saturday April 17th from 1:00-3:00 PM**
- More details to come as we get closer to this great event honoring our Dons!

5.) Please write a Letter (e-mail) to the Governor today!

- The 'Let Them Play CA' Group is asking that we write a letter to the Governor in support of getting our players back on the field this Spring
- These letters will be presented to the Governor this Thurs. at a Capitol Rally
- In your letters (e-mails) please include the following:

- Name/Age/Sports you play
- What you like about sports
- How sports has helped you
- What you miss about sports
- What negative impact has not playing sports had on you & your friends
- End with something like...Please Governor Newsom, Let Us Play.
 - For the parents' letter, same structure, just from your perspective
- Please send emails to letthemplayca@mail.com

GO DONS!!!!

Thank you in advance,

Coach Carter and Staff